

13<sup>th</sup> – 17<sup>th</sup> January 2016**Day One: Wednesday 13<sup>th</sup> January 2016**

Morning: Visiting students arrive in Madrid.

Lunch: How to choose food on a 10€ budget in Madrid.

Afternoon: Using questionnaires to discover restaurants around Madrid's Plaza Mayor.

Evening: Arrival in host families.

**Day Two: Thursday 14<sup>th</sup> January 2016**

8.30 First plenary session:

- Welcome by Ivan Lopez and Antony Schooling.
- Student presentations (1 hour). Questionnaires handed out regarding students' expectations.
- Video presentations. Every school will present their 3 videos: "school presentation", "eating habits" and "how active are students" (2 mins per video) → round table with 2 students per school to react on what they thought was interesting and surprising.

11.30 Reception at Talavera de la Reina Town Hall.

12.30 Trail around Talavera to map the places and facilities for physical activity.

14.00 Lunch time: "Casa Antonio".

16.00 Students: Visiting Talavera to find out about its restaurants.

Teachers: Work with the WordPress blogs.

**Day Three: Friday 15<sup>th</sup> January 2016**

8.30 Learning how to take care of your body before and after physical exercise. Conference given by doctors from the Hospital of Talavera.

9.30 International FUTSAL tournament. Tie-breakers will be blind-folded.

Two visiting students per school (total 6) summarise their findings in view of the afternoon's activities.

14.00 Lunch time: "Be smart hotel".

16.00 Plenary session:

- Two visiting students per school (total 6) talk about their findings about food and sport habits in Spain.

16.30 Small group work: Do students need to be more physically active? How?

**Day Four: Saturday 16<sup>th</sup> January 2016**

8.30 Presentation of social media for the project; students are split into three groups of 20(-ish) where students use computers to put the theory into practice:

- B11: Doro: Explanation of WordPress blogs
- B12: Beatriz/Ivan: Explanation of how to use eTwinning
- A24: Jesus: YouTube channel/app for recipes

10.00 Students are split into five groups:

- B11- Group 1: Filming and Photography with Manuel de Castro and Antony Schooling.
- A24 - Group 2: Shareable Education Content with SCORMS with Alicia Ramos, J.Carlos Manrique and Clara Polo (+ Polish teacher?)
- D21 - Group 3: Concept and design with Dorothee Vollmer and Agata Foremny.
- B12 - Group 4: Video game app design with Ivan Lopez and Hélène Cartron.
- C15/Gym/C11 - Group 5: Introducing nutrition and exercise with Bénédicte Applagnat and Susanne Kölling.

13.15 Final plenary session: Workgroup presentations.

14.00 Workshop evaluation: Using your smartphone to give feedback.

14.30 Bring and share lunch.

16.00 End of the day's organised activities. Teachers' meeting.

**Day Five: Sunday 17<sup>th</sup> January 2016**

8.30 Bus leaves for Toledo.

9.30 Trail around Toledo: discovering the gastronomic melting pot of the city of three cultures.

12.30 Bus leaves Toledo for Madrid, dropping visiting students at the airport at around 16.30. Questionnaire sheets to be completed and handed in during the bus journey.